

**What Does it  
Mean to be  
Truly Blessed?**

# Who did Jesus say is truly blessed?

Blessed are the poor in spirit for theirs is the Kingdom of Heaven

Blessed are those who mourn for they will be comforted

Blessed are those who hunger & thirst for righteousness—they'll be filled

Blessed are the merciful for they will be shown mercy

Blessed are the peacemakers for they will be called sons of God

Blessed are those who are  
persecuted for righteousness for theirs is the Kingdom of Heaven

**Luke 1:39-42 (ESV)** <sup>39</sup> In those days Mary arose and went with haste into the hill country, to a town in Judah, <sup>40</sup> and she entered the house of Zechariah and greeted Elizabeth. <sup>41</sup> And when Elizabeth heard the greeting of Mary, the baby leaped in her womb. And Elizabeth was filled with the Holy Spirit, <sup>42</sup> and she exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb!"

*Mary had just heard from Gabriel that her much older relative, Elizabeth, was miraculously pregnant. She wasted no time to visit her. When someone has experienced God's mighty hand, do you share in their excitement?*

*Is there any doubt that God has His hand on unborn babies? There was awareness from John the Baptist of Jesus' arrival with Mary when John was about 24 weeks and Jesus was only days old as an unborn baby.*

When you reflect upon scripture, do you recognize that God views all human life with incredible value?

**Luke 1:43-45 (NASB1995)** <sup>43</sup> "And how has it *happened* to me, that the mother of my Lord would come to me? <sup>44</sup> "For behold,

when the sound of your greeting reached my ears, the baby leaped in my womb for joy. <sup>45</sup> "And blessed *is* she who believed that there would be a fulfillment of what had been spoken to her by the Lord."

*As much as Elizabeth loved her unborn child, she knew that Mary's baby was to be the foretold Messiah. As century after century passed, she, Zechariah, and their generation would have the incredible privilege to welcome the Christ.*

*Elizabeth knew that her unborn son had received the gift of the Holy Spirit before birth! She knew who was in Mary's womb & that Mary had received the honor Jewish women greatly wished for.*

**How do you respond when Jesus comes to your 'door'?**

## **How are those who follow Jesus, truly blessed?**

Your past, present, and future sins are forgiven

You have the largest family in the universe – the Kingdom

You have life that is everlasting

Your mourning, tears, and pain will cease

You'll be in God's presence forever with an incorruptible body

**Do you presently follow Jesus?**